

My Pretty Belinda

Count: 32

Wall: 2

Level: Beginner

Choreographer: Vikki Morris (Feb 2011)

Music: *Pretty Belinda - Dr Victor & The Rasta Rebels*

Start on the lyrics –32 counts in

At 2.57 min the track slows and stops for 4 seconds. Keep dancing, it will kick back in again.

R CROSS ROCK RECOVER, R SIDE SHUFFLE, L CROSS ROCK RECOVER, L SIDE SHUFFLE

1-2 *Cross rock R over L, Recover on L*
3&4 *Step R to R Side, Step L to R, Step R to R side*
5-6 *Cross rock L over R, Recover on R*
7&8 *Step L to L Side, Step R to L, Step L to L side 12 o'clock*

WEAVE LEFT, R ROCKING CHAIR TO L DIAGONAL

1-4 *Cross R over L, Step L to L side, Cross R behind L, Step L to L side*
5-8 *Rock fwd R, Recover L, Rock back R, Recover L 12 o'clock*

PADDLE ¼ L X2, JAZZ BOX STEP FWD L

1-2 *Step forward R, Pivot ¼ turn L 9 o'clock*
3-4 *Step forward R, Pivot ¼ turn L (step 1-4 use your hips to paddle) 6 o'clock*
5-8 *Cross R over L, Step back on L, step R to R side, Step L Fwd*

R LOCK, R LOCK STEP TO R DIAGONAL, L LOCK, L LOCK STEP TO L DIAGONAL

1-2 *Step R to R diagonal, Lock L behind R*
3&4 *Step R to R diagonal. Lock L behind R, Step R to R diagonal*
5-6 *Step L to L diagonal, Lock R behind L*
7&8 *Step L to L diagonal. Lock R behind L, Step L to L diagonal*

Start Again with a SMILE!

Choreographers note.

This is to help teach the beginners how to dance to the diagonal walls as there are so many dances now that incorporate diagonal step patterns.

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